



East Bay Pediatric and Adolescent Medicine
234 Maple Avenue • Barrington, Rhode Island 02806
(401) 247-1644 Fax: (401) 247-4961

FLU VACCINE CONSENT

Who should get the vaccine? Essentially everyone should now receive a yearly flu vaccine. People over the age of 50 should definitely receive the vaccine. People under age 50 who have any chronic illness, specifically heart disease, lung disease, diabetes, or disorders of the immune system, should also be vaccinated. Health care workers should be vaccinated because of their high exposure rate. Even healthy young adults may benefit from vaccination since it reduces respiratory illnesses during the winter and time out of work. Vaccination is safe for pregnant women.

Who should NOT get the vaccine? The vaccine is not given to any individual with a known allergy to eggs or someone who has previously had a severe reaction to the flu vaccine.

When should I get the vaccine? This year the CDC has recommended that the seasonal flu vaccine be given as soon as the vaccine becomes available. It will still provide full immunity for the entire seasonal flu season. The vaccine can also be taken later and will still be helpful if given any time before January.

What are the side effects of the vaccine? The flu vaccine is very well tolerated. Usually the only side effect is some local soreness and redness at the site of injection. Some people may have a slight fever, muscle pains, and a general ill feeling. The flu vaccine does not cause the flu! More severe reactions are very rare.

I have read the above information and understand it. All questions I have about the flu vaccine have been answered, and I agree to take the vaccine.

Patient's name

Age

Date of Birth

Health Insurance Plan

Member number

Signature

Date